

THE CAST OF CHARACTERS: THOU, THEY, WE, YOU, ME. PSYCHOLOGY OF SIGNIFICANT RELATIONSHIPS

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This book is about "life companions." Every person has his own. They are unique, just as each person's life is unique. But there are common elements in meaningful relationships; there is a predictable connection between the feelings, actions and thoughts. The knowledge of these connections and the skill in considering them in everyday contacts form the foundation of mutual understanding and the theory developed by the authors. Based on the theory, the authors present a convenient symbolic visual language describing relationships and psychological games, which will enable readers to find a better understanding of people close to them.

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REVIEWS

J. "Nauka i Zhizn" [Science & Life], 1986, N 6, pages 157-158. In Russian

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